

# THE PARK POST

PARK CENTRAL'S DIGITAL NEWSLETTER

504 EAST FAYETTE STREET • SYRACUSE, NY • (315) 475-1677

WWW.PARKCENTRALCHURCH.ORG

Welcome to the monthly edition of our e-newsletter, The Park Post. We hope to provide helpful information on events that are coming up and ways that you can be engaged as we seek to follow Jesus together. We welcome your articles as well as your comments and suggestions.

## Events Calendar

Our Park Central events calendar is now live on our website!  
Click the button above and it will bring you directly to it.  
You can view upcoming events and print a calendar if you like.

Like us on Facebook!



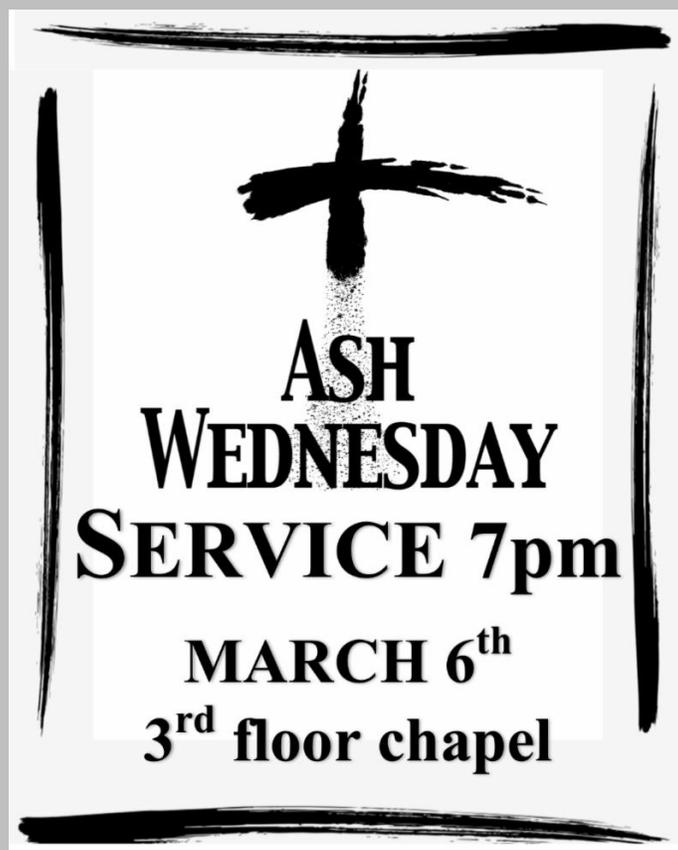
## Preachers for March 2019

March 10 ~ Rev. Dr. Craig Lindsey

March 17 ~ Rev. Sarah McTyre

March 24 ~ Anita Wagner

*The Ash Wednesday service scheduled for 7:00 pm this evening has been cancelled due to the weather.*



# DAYLIGHT SAVINGS TIME BEGINS



**MARCH 10<sup>th</sup>**

**DON'T FORGET TO  
SPRING FORWARD**

REMEMBER TO SET YOUR  
CLOCKS **AHEAD** 1 HOUR  
SATURDAY NIGHT

## MARCH 10



Please Join us for

# COMMUNION

WHILE THEY WERE EATING, JESUS TOOK BREAD, GAVE THANKS  
AND BROKE IT, AND GAVE IT TO HIS DISCIPLES, SAYING, TAKE  
AND EAT THIS IS MY BODY. THEN HE TOOK THE CUP, GAVE  
THANKS AND OFFERED IT TO THEM, SAYING, DRINK FROM IT,  
ALL OF YOU, THIS IS MY BLOOD OF THE COVENANT, WHICH IS  
POURED OUT FOR MANY FOR THE FORGIVENESS OF SINS.

# Fellowship Lunch

## BUFFET

March 10<sup>th</sup>

Following Worship Service  
**ALL ARE WELCOME!**



For all your catering needs contact  
Nikos at (315) 475-7000  
[www.mynikos.com](http://www.mynikos.com)

PLEASE SIGN UP AT THE FAYETTE ST. ENTRANCE

**WE HOPE YOU CAN JOIN US!**

# OR

**CLICK HERE**

to be added to the  
fellowship lunch list!

## DEVOTIONAL BOOK FOR LENT



### *Were You There?: Lenten Reflections on the Spirituals*

by Luke A. Powery

Valuable not only for their sublime musical expression, the African American spirituals provide profound insights into the human condition and Christian life. Many spirituals focus on the climax of the Christian drama, the death

and resurrection of Jesus Christ, and the ways in which those events bring about the liberation of God's people.

In these devotions for the season of Lent, Luke A. Powery leads the reader through the spirituals as they confront the mystery of Christ's atoning death and victory over the grave. Each selection includes the lyrics of the spiritual, a reflection by the author on the spiritual's meaning, a Scripture verse related to that meaning, and a brief prayer.

Carry this book as a companion during the 40-day journey of Lent. Copies are available for each household.

# WEDNESDAY LENTEN STUDY

WEDNESDAYS DURING LENT ~ 6:00 TO 8:00 P.M.

March 13, March 20, March 27 •  
April 3 & April 10

**Grateful: The Transformative Power of Giving Thanks**  
*by Diana Butler Bass*

In this film series based on her recent book, Diana Butler Bass calls us back to the abundance of God's table and challenges us to live out of that abundance in ways that upend unjust systems.

Diana Butler Bass is an engaging author, speaker, and scholar specializing in American religion and culture. She holds a Ph.D. in religious studies from Duke University and is the award-winning author of ten books, including *Grounded: Finding God in the World —A Spiritual Revolution* (2015), *Christianity After Religion: The End of Church and the Birth of a New Spiritual Awakening* (2012) and *Christianity for the Rest of Us: How the Neighborhood Church is Transforming the Faith* (2006).

Kelly Ann Hall, author of the series study guide, writes: "My hope and prayer is that these films lead you to a deeper truth in your spiritual growth and inspire you to move outward into the world with the kind of generosity and gratitude that defies systems of scarcity and brings healing to the world."

The Lenten study will take place from 6:00 to 8:00 p.m. on the following Wednesdays during Lent: March 13, March 20, March 27 April 3, and April

10. Each session will begin with a simple meal and will include a short film paired with discussion, reflection and prayers based on scripture texts and our Lenten devotional book. You can sign up on the sheet at the Fayette Street entrance for *any or all* of the sessions.

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**Iroquois Nursing Home ~ Maurine McTyre**  
**Valley Vista Apts. ~ Pauline Belfy**  
**Menorah Park ~ Helen Carlson**  
**The Nottingham ~ Bill and Kay Billingham, Sherly Day-Bernthal, Kay Keller, Cynthia Tracy, Siegrid Tuttle**  
**Towne Center ~ Maryanna Robinson**  
**O'Brien Road Senior Apartments ~ Marillyn Franklin**

**\*If you would like to add someone to the prayer list, please email [office@parkcentralchurch.org](mailto:office@parkcentralchurch.org) or call the church office (315) 475-1677.**

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## *Other people to remember in prayer...*

- **Georgette & Tim Schmidt, Ann Gonyea ~ Will be on a mission trip to Haiti from morning of Sunday, March 31 until Friday night, April 5.**
  - **Sandi Yingling ~ Sandi is recuperating at home from ankle surgery.**
  - **Sandi's friend, Curtis - he is having a tough battle with cancer.**
  - **Jane Garrett and Pat Freyberger ~ both of whom fell and broke a bone in their hand during the last bad storm.**
  - **Bernadine Smith ~ she is continuing a new round of chemotherapy.**
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# Your Daily Devotional...



- Online daily page including all texts, [CLICK HERE](#)
- Printable version for the month includes book, chapter and verse references for all texts [CLICK HERE](#)

~Grayson Jones

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## Civic Morning Musicals at Park Central

Wednesday Recital Series at 12:15 pm

- March 13 ~ Timothy Schmidt, guitar  
**Come hear our own Tim Schmidt at this  
free concert in the sanctuary!**
  - March 20 ~ Ronald Caravan, clarinet & saxophone;  
Sar-Shalom Strong, piano
-

We hope you can join us

## Centering Prayer

Every Monday

7 pm

Park Central Church  
3<sup>rd</sup> Floor Chapel



Please be sure your Park Post submission email follows these guidelines:

The subject line of your email indicates that it's a Park Post article. This e-letter is published monthly.

- The title & body of your article are clearly labeled in a Word document.
- Attach up to six pictures that are clearly labeled.

Thank you for your help as we share the good news of the church!

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