

THE PARK POST

PARK CENTRAL'S DIGITAL NEWSLETTER

504 EAST FAYETTE STREET • SYRACUSE, NY • (315) 475-1677

WWW.PARKCENTRALCHURCH.ORG

Welcome to this week's edition of our e-newsletter, The Park Post. We hope to provide helpful information on events that are coming up and ways that you can be engaged as we seek to follow Jesus together. We welcome your articles as well as your comments and suggestions.

[Events Calendar](#)

Our Park Central events calendar is now live on our website! Click the button above and it will bring you directly to it. You can view upcoming events and print a calendar if you like.

[Like us on Facebook!](#)



July 23, 2017 10:30am

Seventh Sunday after Pentecost

Scripture

Psalm 119:129-136

Matthew 5:7

Sermon The Merciful J. Andrew McTyre

Hymns O That I Had a Thousand Voices
Breathe on Me, Breath of God
Lord, You Give the Great Commission

Vocal Solo KentBradshaw,
baritone A Song of Praise
Edward Grieg arr. Carl
Frederickson

Offertory KentBradshaw, *baritone*
Sing with Grace in Your Heart George Frederick Handel
arr. Carl Frederickson

July 30, 2017 10:30am
Eighth Sunday after Pentecost

Scripture Psalm 86:11-17

Sermon Gail Hamner, *guest preacher*

Hymns O Worship the King, All Glorious Above
Help Us Accept Each Other
Called as Partners in Christ's Service

We will be publishing the *Park Post* every two weeks during July and August. If time sensitive information needs to be sent out, we'll be happy to send a congregational email.

Emergency Assistance at the Touch of a Button

At a deacons meeting this spring, we were talking about the increased risk, as we age, of slips and falls and other medical emergencies, particularly if one lives alone, and about the wisdom of wearing a personal emergency assistance device. Soon afterward, an article on the AARP website caught our eye, **How to Choose a Medical Alert System** and we thought we would pass the link

along, should this also be of interest to you or a loved one.

The article outlines considerations for what you might need a system to do; what types of equipment are offered; and what cost factors are involved. The article does not recommend specific services; rather, it identifies criteria to help you select what's best for you or your loved one's situation.



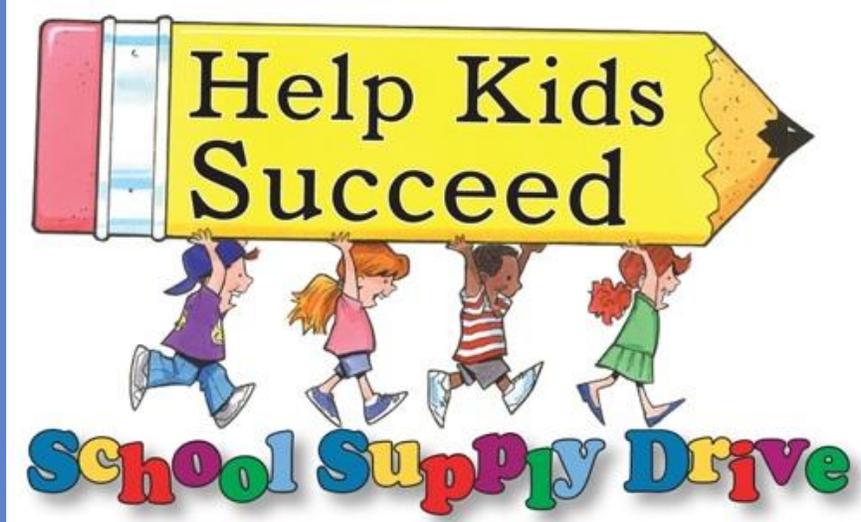
Since most accidents and medical emergencies do occur at home, we then wondered about local coverage. We followed up with the Office of Aging within the Onondaga County Department of Adult and Long Term Care Services, who provided a list of companies that provide personal emergency response assistance locally:

LifeFone Medical Alert 2280 Onondaga County Office for Aging, EISEP 2362 (Expanded In-Home Services for the Elderly Program)	1-800-882- (315) 435-
Philips Lifeline 3546 Response4HELP 8939	1-800-543- (315) 857-
Service Alert Systems	(315) 487-6858
Time Warner Security Medical Alert	(315) 432-
0373 Vital Link 4825	1-800-338-

We encourage you to peruse the **Office of Aging** website for a wealth of information about local services and resources to guide us through the inevitable challenges that can occur as we age.

~The Deacons

Back to School Celebration



We will have an opportunity to re-connect with the kids who came to Vacation Bible School for a celebration before school begins. At the end of August, we will partner with the Salvation Army again for a morning of fun activities and a picnic in the park. (Date coming soon!)

There are about 60 children in the Salvation Army summer programs, and each child receives a backpack filled with supplies before they go back to school each year. This year, we will have the privilege of providing their backpacks again at our August Back to School celebration.

If you would like to contribute to the backpacks, please purchase any of the following items and leave them on the table in Sarah McTyre's office:

- Crayola Classic Colors markers - set of 10
- Crayola crayons - 24 count
- 2-pocket folders - any color
- Wideruled composition books - 100 sheets
- Wideruled spiral notebooks - 70 sheets
- Black or blue pens
- Pencils
- Glue sticks
- 2-inch ring binders

~ Sarah McTyre

Happy Birthday Kenneth!

It's hard to surprise Kenneth Pfeffer about anything arriving at Park Central on a Sunday morning. That's because



our trusty sexton is at the Fayette Street door welcoming everyone who might need a little help and then heads for the kitchen next to the Gathering Hall/Parlor to make coffee for the coffee hour. So the chocolate cake wishing him "Happy Birthday" was impossible for him to miss.

But July 16 was his real 51st birthday, and his years of cheerful service to Park Central folk a cause to celebrate. So they crowded around to wish him many happy returns, and buoyed by the Summer Choir members to sing "Happy Birthday" harmoniously. It was, of course, followed by delicious cake and much happy chatter. Thanks, Kenneth!

~Joan Deppa

FALL RETREAT

A red maple leaf graphic is positioned to the right of the word "FALL" in the "FALL RETREAT" text.

***Save
the
Date!***

**Saturday,
October 21**

SISTERS OF ST. FRANCIS 
Spirituality and Nature Center
at Alverna Heights, Fayetteville, New York

The fall retreat will be held at the Spirituality and Nature Center at Alverna Heights in Fayetteville on Saturday, October 21.

Alverna Heights is a sacred place of:

- Retreat
- Renewal
- Re-Creation in the spirit of Francis and Clare

More details coming in August!



Relax

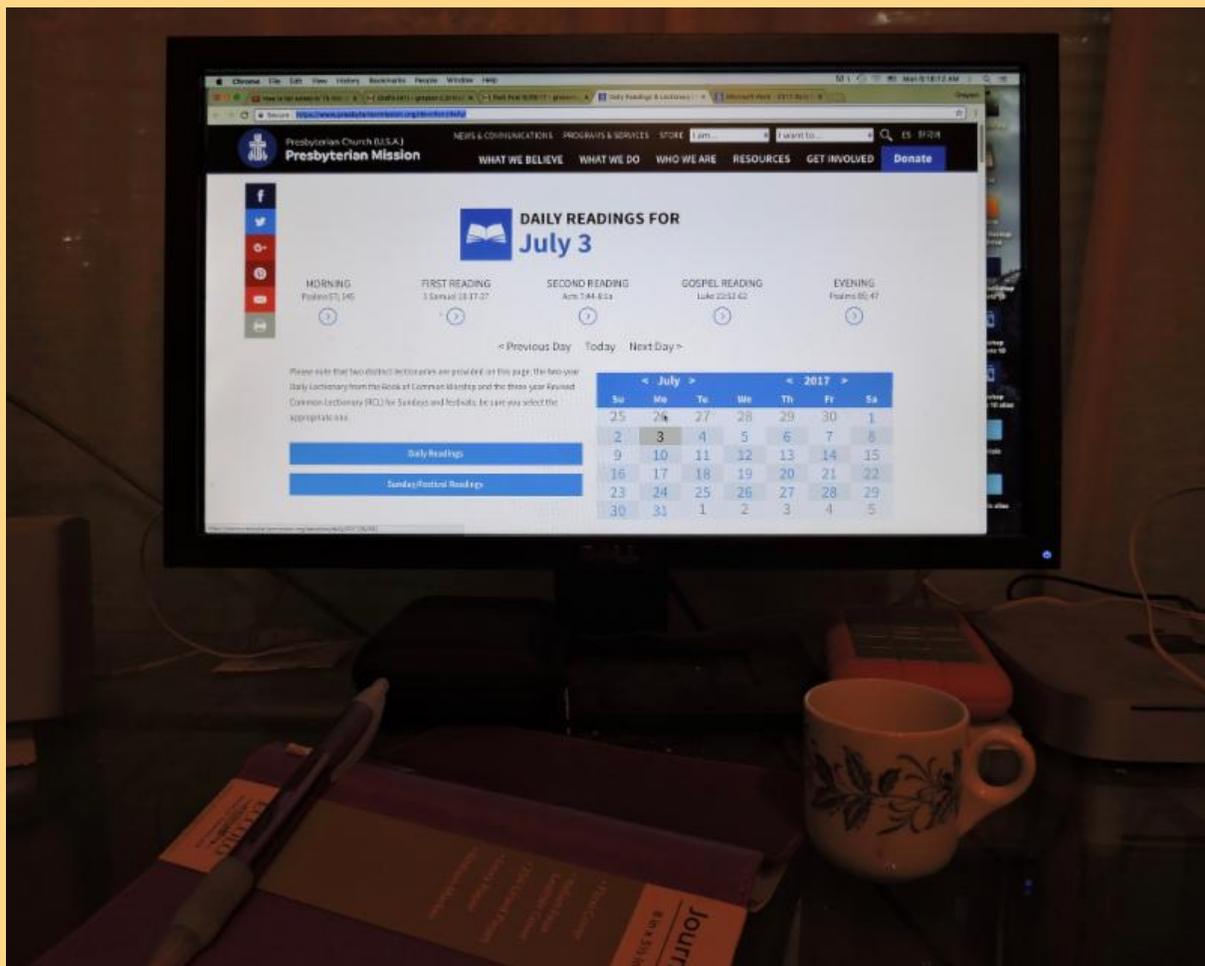


Re-create



Renew

Your Daily Devotional...



- Online daily page including all texts, [CLICK HERE](#)
- Printable version for the month includes book, chapter and verse references for all texts [CLICK HERE](#)

~Grayson Jones

JULY USHERS

July 23rd - Bob Wagner, Anita Wagner
July 30 - Tom Packard, Joyce Packard

July Liturgist List

2nd - Susan Barbour

9th - Joan Deppa

16th - Jennifer Lebrecht

23rd - Sharon Terry

30th - TBA



Iroquois Nursing Home ~Maurine McTyre

James Square ~Pauline Belfy

Maple Downs ~Maryanna Robinson

Menorah Park ~ Helen Carlson

The Nottingham~ Sherly Day-Bernthal, Marillyn Franklin, Kay Keller, Cynthia Tracy

***If you would like to add someone to the prayer list, please email office@parkcentralchurch.org or call the church office (315) 475-1677.**

Please send your electronicsubmissions by noon every *Monday to office@parkcentralchurch.org. The Park Post is sent out electronically every Wednesday.



**Please be sure
your Park Post
submission email
follows**

these guidelines:

- The subject line of your email indicates that it's a Park Post article and which Wednesday(s) you would like it posted.
- The title & body of your article are clearly labeled in a Word document.
- Attach up to six pictures that are clearly labeled.

Thank you for your help as we share the good news of the church!

**If Monday is a national holiday, the deadline shifts to Tuesday at noon.*

Downloads & Forms

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The Park Post](#)

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Form](#)



Presbyterians for
Earth Care

AN ECO-JUSTICE NETWORK

A national eco-justice network that cares for God's creation by connecting, equipping, and inspiring Presbyterians to make creation care a central concern of the church.



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